

Excerpt from.....

“The Seven Spiritual Laws of Success”

By Deepak Chopra

THE LAW OF LEAST EFFORT

I will accept people, situations, circumstances and events as they occur. I will know that **this moment is as it should be**, because the whole universe is as it should be.

Having accepted things as they are, I will take Responsibility for my situation and for all those events I see as problems. Taking responsibility means not blaming anyone or anything for my situation (and this includes myself).

Every problem is an opportunity in disguise, and this alertness to opportunities allows me to take this moment and transform it into a greater benefit.

I will relinquish the need to defend my point of view. I will feel no need to convince or persuade others to accept my point of view. I will remain open to all points of views and not be rigidly attached to any one of them.